



Healthy & Convenient Comfort Food

Healthy home meal solutions are conveniently packed in family-style or individually vacuum-sealed portions.

Customers are minutes away from enjoying a flavorful and satisfying meal experience with better-for-you ingredients.



Heart Healthy



**Moderate Calories,
Sodium and Fat**



**Zero Grams
Trans Fat**



Healthy home meal solution products are certifiable by the American Heart Association (AHA).



Product nutrition and ingredient information available upon further request.

● Entrée Solutions

Stuffed Tilapia Filet

A tilapia filet filled with Sundried Tomato & Wild Rice Blend, which offers a creamy, natural blend of wild rice, sun dried tomatoes and basil for a bright flavor combination.

Stuffed Chicken Breast

A lean chicken breast filled with Vegetable Cranberry Stuffing.



● Side Dish Solutions

Apple Pecan Stuffing

An all natural stuffing made with apples, carrots, onion and celery, and blended with pecans in a savory herb and cinnamon broth.

Vegetable Cranberry Stuffing

An all natural, healthful blend of traditional vegetables and seasonings. The stuffing is made with five different vegetables, is low in calories and fat and includes a tremendous amount of country flavor from a rich, low country stock.

